



Anand Vishwa Gurukul Senior Night College
of Commerce & Science
Affiliated To University of Mumbai
iSO 9001: 2008 Certified

No. Aff.I/ICD/ 2014 - 15 / 29449, 09th July, 2014 Tel : 9987929008, Email us : avgsrcollege@gmail.com

ACADEMIC YEAR: 2017-2018

Report on Celebration of 3rd International Yoga Day

Documents Attached:

- (1) Notice
- (2) Report
- (3) Attendance

COLLEGE CODE-11

I/C PRINCIPAL ANAND VISHWA GURUKUL SENIOR NIGHT COLLEGE, THANE



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Date: 19/06/2017

Notice

All students are hereby informed that "3rd International Yoga Day" will be celebrated on 21st June at 2017 at 5.00 p.m. This will be celebrated in the college premise. The program will be organized by NSS unit.

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ACADEMIC YEAR: 2017-2018

Report on Celebration of 3rd International Yoga Day





Date: 21st June 2017

Objectives: To train the students practically and theoretically on Yoga Skills.

Report:

International Yoga Day is observed every year on June 21 to raise awareness about this ancient practice and to celebrate the physical and spiritual prowess that yoga has brought to the world. Yoga is a practice which plays an important role in relaxing the mind and body and boosting people's immune system. International Yoga Day was celebrated enthusiastically on the college campus at 5.00pm. All Faculties and students were taught the importance of Yoga in their life & how to maintain the harmony between body and mind.

Total number of beneficiaries: 52

Output:

The students discussed the importance of yoga and exhibited yoga postures and promised to introduce this activity in their daily lives.

Convenor

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Affiliated to University of Mumbai

| Program Name: | 1000 | roga Day | | | |
|--|--|--|------------|-----------|--|
| Guest Name: Kalpanei Chavan, Umesh Lalit | | | | | |
| Date: | | | | | |
| | Attendance | Sheet | | | |
| Sr.No | Name of the Student | Class | Gender | Signature | |
| 1 | Namouta Amil AAGHAVE | SYBAF | Female | Harrange | |
| 2 | Shouti Shyam Amerikar | SYBAF | Female c | Samenker | |
| 3 | Priyanka Balu Atkekos | SYBAF | Female, | Prixanka | |
| 4 | Aphiraj Sharad Bawleton | SYBAF | male | shonel - | |
| 5 | Pooja Prakash Bharne | SYBAF | Female | Rapial | |
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| 7 | Rusika visay shosave | SYRAF | Semale | Rasika | |
| 8 | Rahul Ramchandoa Bhu | 1000 | male | Rabul | |
| 9 | Shivani Shripal Chari | SYBAF | Female | Sarrie o | |
| F 10 | Devaram Umaram Choudhor | 5 5 5 5 1 December 1 | Male | Deverant | |
| 11 | (najvo Kumari e B. chowled | | female | A | |
| 12 | Nikita Yashawant Dalvi | SY.BAF. | Perroli | dikita | |
| 13 | Vaibavee Vitthe Dongave | 9.Y.BAF | Female | hippany | |
| 14 | | S.y.B.A.E | Male | Sanket | |
| 15 | Sanket Sanjay Dethe. Varsha Ashak Gaikwad | SY BAF | Female | Varshe | |
| 16 | Koma monoesu 6406 | SY BAF | female | Kelml. | |
| 17 | Justi Sanjay Thankar | - 1 | Female | Treti. | |
| 18 | ATISK Timpeti Good | SYBAF | Male | Alex | |
| 19 | Afylkymar . R. Chypha | SY BAF | Male | Mul | |
| 20 | Rachann M. Yaday | SY BAF | Female | Rachana. | |
| 21 | Kiran Rambali Yadav | 5 Y BAF | Male | Kanen. | |
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| 24 | Harsha Rajendra Thaker | THE RESERVE TO SERVE | 1 | de | |
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| 26 | Sneha Shantarram Sagkal | S. WANDISH | A PHIM STO | | |
| 27 | TAHMAY DEEPAK RELEKAR | SARAF | male | OHIL | |
| 28 | Adatya Tancili Potal | SYBOE | Male | Allinga | |

| Sr.No | Name of the Student | Class | Gender | Signature |
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| 32 | Janak Gangaram Tashi | | male | shimde. |
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| 34 | Dharmendre R Jaiswar | SY-BAF | Female | Cianisha |
| 35 | Manisha Janak singh | SY BAF | Female | aleha |
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| 37 | Arun Sharma | T-YBAF | Famale | Pergis . |
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| 40 | Swit Gupta | TY.BAF | The second of the second | Porta. |
| 41 | Pooja Hadkar | TY. DAF | Female | umalei |
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